

# THE AUSTRALIAN DOCTORS ORCHESTRA

**A fundraising concert for medical charities**



**Under the baton of Maestro Warwick Stengårds**

**2 pm Sunday 29 March 2015  
The Glasshouse Port Macquarie**

## PROGRAM

**ROSSINI**

**Barber of Seville overture**

**BRAHMS**

**Nänie** *with Hastings Choristers Cantorus Choir*

**HOFFMEISTER**

**Viola concerto in D (1st movement)**

*Viola Soloist - Beth Condon*

## INTERVAL

**HUMMEL**

**Concerto for Trumpet in E-flat S.49 (1st movement)**

*Trumpet Soloist - Jason Heise*

**VAUGHAN WILLIAMS**

**Fantasia on Greensleeves**

**SCHUBERT**

**Symphony No. 8 in B Minor (Unfinished) D. 759**

**Jason Heise** was born in Kempsey NSW. He first encountered the trumpet at a wedding where the bride and her father played a duet. It was love at first sound, and at age 11 he began lessons with the local band. Jason completed a Bachelor of Music (Hons) at the University of Newcastle, having studied with John Kellaway, Anthony Heinrichs and Dan Mendelow. He went on to perform with the Sydney Symphony Orchestra, the Australian Youth Orchestra, was a casual for the Australian Opera Ballet Orchestra and has been principal trumpet of both the Sydney Symphony Sinfonia and the Australian International Symphony Orchestra Institute.

Experiencing a 'mid life crisis' at a rather young age, but with no great love of sports cars, Jason decided to study medicine and began his studies with the University of Newcastle / University of New England Joint Medical Program in 2011. Throughout his degree, music has funded his medicine but, with graduation approaching, he hopes that the reverse will soon be true. Currently completing rotations in Taree, Jason plans to return home to Port Macquarie when he graduates.

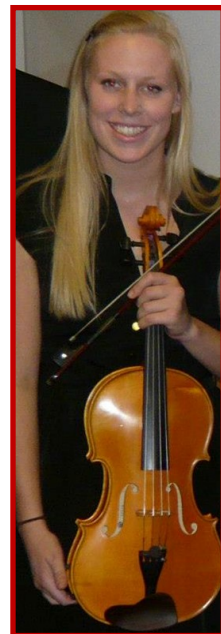


**Beth Condon** is a 24-year-old viola student at the University of Melbourne. Having graduated with a Bachelor of Arts degree with a double major in French and Sociology in 2012, Beth decided to pursue her career as a musician, and enrolled to complete a Bachelor of Music Performance (viola) in 2013.

Beth began studying the violin at age five with her mother Louise Ray. At age 12 she changed to viola, and has since studied under Marco van Pagee, Bridget Crouch (Coffs Harbour), MSO violist Trevor Jones, and Lilli Maijala.

Beth was awarded the David Helfgott Scholarship by the Coffs Harbour Regional Conservatorium for instrumentalists under age 21 in 2009 and she is the 2013 Corinna D'Hage Mayer string scholarship recipient at the University of Melbourne. Beth participated in Australian Youth Orchestra projects in 2013, 2014 and 2015 and was invited to play with the ANAM (Australian National Academy of Music) Orchestra under Simone Young in 2014.

In February 2014 Beth was awarded grants from Global Mobility to enable an exchange to the Sibelius Academy in Helsinki, Finland learning under Lilli Maijala. Currently she is finishing her degree and commencing her career as a freelance musician. Beth will be performing with the Tasmanian Symphony Orchestra in May this year as part of a mentorship program.



**Maestro Warwick Stengårds** is a native of Melbourne who has spent the last decade working with orchestras in Vienna including the prestigious Schloss Schönbrunn Orchestra. He has conducted most Australian orchestras and has directed more than 42 operas in more than 60 productions, including working with Opera Australia. He has also worked as musical director with the West Australian Opera. For the past two years, he has been chief artistic director and conductor of the Australian Doctors Orchestra. The Orchestra members are very appreciative of the opportunity to work with him.

## **Gioachino Rossini (1792-1868)**

Rossini, one of the most prolific and successful opera composers of the 19th Century, was born into a family of musicians in the Adriatic Coast town of Pesaro. At the age of 15 he was admitted to the Bologna Conservatorio to study composition and cello. He produced his first opera, *La cambiale matrimonio*, when he was 18, and by age 21 had established himself as a master in the world of opera.

In 1816 Rossini was commissioned to write an opera, and delivered the *Barber of Seville* in less than five weeks. The opera's plot revolves around the wooing of the closely chaperoned Rosina by the Count Almaviva. The overture starts with a slow introduction, leading into a lively and quick overture with two main themes. Following the statement of the lyrical second theme we are treated to the famous "Rossini crescendo" which unfolds towards a dramatic finale.

## **Johannes Brahms (1833-1897)**

Born in Hamburg to the son of a double bassist, Brahms was the great master of the symphonic style in the second half of the 19th Century and is widely considered one of history's greatest composers. Brahms first came to prominence in 1853 after a meeting with renowned composer Robert Schumann, who praised the young Brahms as the great hope for the future of music. Brahms certainly lived up to this prediction, producing volumes of exceptional compositions during his lifetime.

Brahms composed *Nänie* in 1881 as a tribute following the death of his friend, German artist, Anselm Feuerbach. *Nänie* (song of mourning), sets a poem by German poet Friedrich Schiller to music, and is a lamentation on the inevitability of death. A composition for chorus and orchestra, it commences with the lyrics "even the beautiful must perish" and the text makes frequent references to Greek Mythology. Evolving from a beautiful opening oboe solo, the piece is a reflective and breathtaking tribute, which leaves us in awe of Brahms' ability to convey the sorrow and grief of losing his friend in a very intimate, exposed and utterly exquisite piece of music.

## **Franz Anton Hoffmeister (1754-1812)**

Hoffmeister was born in Rottenburg and was sent to Vienna by his parents at age 14 to study law. He decided that music was his true love and thankfully pursued that instead. He quickly mastered the musical forms of the day, and could turn out pleasant *sinfonia* for the Emperor's court orchestra on demand. He was also a successful music publisher.

In the Classical era, the viola was not a frequently used solo instrument, but Hoffmeister's concerti for viola are amongst his most successful larger-scale works. In the Concerto in D major, the composer balances the viola's dark, mellow tone in equal measure with passages requiring stunning agility approaching that of the violin. The orchestral accompaniment not only supports the virtuosity of the soloist, but also displays moments of melodic beauty in its own right.

## **Johann Nepomuk Hummel (1778-1837)**

Johann Hummel was born in Hungary in 1778. He was a child prodigy of Mozart's calibre, and became one of Europe's most admired composers, conductors, pianists and teachers. Hummel was a student of Mozart and the successor to Haydn as Kapellmeister at the Court of Esterhazy. He left behind a substantial catalogue of works which includes almost every genre except for the symphony.

His Trumpet Concerto in E flat major (originally written for the five-keyed trumpet) fell into obscurity for over a century following the development of the modern valved trumpet. As with other classical concerti, there is a substantial orchestral exposition, which is then restated and developed by the soloist. The concerto exploits the full capabilities of the instrument with trills, ornaments and arpeggios decorating the lively melodic line.

## **Ralph Vaughan Williams (1872-1958)**

Ralph Vaughan Williams was born in Gloucestershire in 1872. At the age of 6 Vaughan Williams began piano lessons and showed great talent. He went on to study at the Royal College of Music and eventually went on to further studies with Max Bruch and Maurice Ravel. He maintained a life-long interest in English folk songs and incorporated many traditional melodies into his own compositions.

The exact origin of the traditional folk song *Greensleeves* is debated. Some say that it was written by Henry VIII, but the piece is based on an Italian style of composition that was not popular at that time. *Fantasia on Greensleeves* is an arrangement from Vaughan Williams' opera *Sir John in Love*. Along with the easily recognisable melody, it also incorporates a folk song called "Lovely Joan" in the middle section. This work provides a taste of Vaughan Williams' masterful ability to create exquisitely textured music from simple themes.

## **Franz Peter Schubert (1797-1828)**

Franz Schubert was born in Vienna and his childhood music education came from the family string quartet. Best known for his lieder, Schubert had a prolific output across a wide variety of musical genres including opera, liturgical music, chamber music and symphonic works.

It is unknown why Schubert's Symphony in B minor was never finished, and to this day it remains one of music's great unanswered questions. Around the time of its composition in 1822 Schubert suffered from deteriorating health which undoubtedly affected his ability to continue composing. The work has two movements. The *allegro moderato* begins with a murmur of violins, when, after a few passages the winds enter with their singing theme. This gradually gives way to the lyrical melody for which the symphony is best known. The slow movement is in the unexpected key of E major and features a sweet stream of melodies incorporating a lovely clarinet solo. Gradually the work takes shape and later the octave call of the horns leads the listener eloquently back to the opening. The Unfinished Symphony concludes with an unusual cadence ending, consistent with the work's unfinished state.

# AUSTRALIAN DOCTORS ORCHESTRA, PORT MACQUARIE 2015



The ADO is a unique national fellowship of doctors and medical students who are also classically trained musicians. Our current database includes over 600 musicians. Since our first concert in 1993, the orchestra has played a concert every year and in every state to raise funds for a variety of medical charities. Recently we have started to hold our concerts in regional centres and this is our first visit to Port Macquarie.

The ADO is co-ordinated by a large team of doctors who devote their time and energy voluntarily. All players donate their services and meet their own travel and accommodation costs. Over 60 medical professionals from Western Australia, South Australia, Victoria, NSW and Queensland have travelled to Port Macquarie for this event at the Glasshouse.

Today we are raising money for the Australian Centre for Arts and Health, who will fund a creative ageing program at Port Macquarie Base Hospital. A portion of the funds will also be donated to the Unicorn Foundation to support vital research into neuroendocrine cancer.

Thank you for your support - we hope you will enjoy the music as much as we do!

**Conductor and Artistic Director** **Warwick Stengårds**  
**Concertmaster** **Richard Keuneman**

## Violin 1

David Backstrom  
Charles Belling  
Annabelle Carter  
Dale Condon  
Igor Jakubowicz  
Miklos Pohl  
Brian Shearman  
Rowan Thomas  
Carol McCabe

## Violin 2

Stephen Chin  
Lynne Cunningham  
Marissa Daniels  
Jenny Danks  
Madeleine Gibbs  
Michaela Mee\*  
Alex Miglic  
Emily Wilcox  
Jodie-Kate Williams

## Viola

Bron Bowles  
Beth Condon  
Bronwyn Francis  
Carolyn Hackworthy  
Natasha Holmes\*  
Louise Ray  
John Eather

## Cello

Lynda Chadwick  
Simon Chu  
Julie Crozier  
Jacinta Holmes  
Rachel Lind\*  
Barbara Manovel

## Double Bass

Ian Carter  
Robbie Gillies\*

## Flute and Piccolo

Cathy Fraser  
Anita Fryszak\*  
Paulina Richard  
Charlotte Wyatt

## Oboe

Stan Chen  
Bridie Mee\*

## Clarinet

Bridget Allen  
Emma Goeman  
Tom Turnbull\*

## Bassoon

Carl Bryant  
Matt Maiden\*

## French Horn

David Crocker  
Simon Crouch\*

## Trumpet

Genevieve Dinham  
John Gan  
Jason Heise\*  
Barry Hsieh

## Trombone

Peter Mews\*  
Peter Purches  
Bill Strain

## Timpani

Heidi Lambert

\* denotes principal player

## Harp

Margaret Curtis

## Hastings Choristers



This local group was formed in 1990 as a community choir to promote the art and practice of choral singing in the Hastings region. Since then, under the musical direction of **Robyn Ryan OAM**, its growing reputation for excellence has resulted in invitations to perform in the Sydney Opera House, the Sydney Town Hall, and a number of regional venues. For more information, or to join us, please visit our website: [www.midcoast.com.au/~choristers/](http://www.midcoast.com.au/~choristers/)

**Sopranos:** Mary Abell, Ros Avery, Anita Fryszak, Ann Gibbs, Kate Hartley, Eileen King, Kerryn Lawrence, Fae Lister, Adele Miles, Janine Noy, Eva Schreurs, Paula sen Gupta, Carol Sorensen, Molly Vorias, Sally Ward

**Altos:** Gail Barber, Kay Burman, Evelyn Chee, Janet Dawson, Margaret Donovan, Lorraine Garland, Lyndall Goetz, Meredith Hinds, Helen Hingston, Libby Hopley, Sue Morton, Jenny Reeve, Sue Sawle, Chris Sheen, Jo-Anne Stavely, Clare Walker, Anne Walsh

**Tenors:** Sue Creech, Hilja Siren, Charlotte Hummel, Paul Groeneveld, Chris Clark, Gillian Bennett, John Thompson

**Basses:** Ross Adam, John Burman, Hedley Harwood, Lionel Hudson, Brian Jones, Michael Matthews, Guy Mylecharane, Ben Robinson, Warren Taylor

## Supported Charities

The **Australian Centre for Arts and Health (ACAH)** promotes the application of creativity and the arts to achieve health and quality of life outcomes for all people in Australia. Particular areas of interest involve arts health programs to improve physical health and mental health and programs encouraging creative ageing to avoid age-related cognitive decline. The funds raised from the ADO concert will go towards establishing a creative ageing program at Port Macquarie Base Hospital. Any individuals or businesses who would like to find out more about the valuable work being done by this charity, or to make a donation, should visit [www.artsandhealth.org](http://www.artsandhealth.org) or email: [margret@artsandhealth.org](mailto:margret@artsandhealth.org).

The **Unicorn Foundation** is the only Australian medical charity focused treatments on for neuroendocrine cancer. Find out more about this organisation's valuable work at [www.unicornfoundation.org.au](http://www.unicornfoundation.org.au)



## Acknowledgements

The Australian Doctors Orchestra would like to say a special thank-you to the talented **Robyn Ryan** and **Hastings Choristers** for contributing their time and vocal talents to our concert.

The Australian Doctors Orchestra would also like to thank the following individuals, organisations and businesses who have supported this event: Port Macquarie Hastings Council, PMA Communications Group, St Columba Anglican School, Margaret Curtis, Mid North Coast Local Health District, Port Macquarie Hastings Municipal Band, Cassegrain Winery, Greater Port Macquarie Tourism Association.